

Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course:</b>	Pasta (plain or with a light tomato sauce)	Chicken Fingers with Rice	Macaroni and Cheese	Fish Sticks with Mash Potatoes	BBq Chicken Hot Dogs
	<ul style="list-style-type: none"> <li>• Alternative Sandwiches are available at every meal on both white and whole wheat bread (turkey, cheese, tuna, jam and butter).</li> </ul>				
<b>Appetizers and Deserts:</b>	<ul style="list-style-type: none"> <li>• Vegetable Sticks</li> <li>• Salad</li> <li>• Fresh Fruit</li> </ul>				
<b>Daily Snacks Include:</b>	<ul style="list-style-type: none"> <li>• Christie Arrowroot Natural Cookies</li> <li>• Yoplait Assorted Yogurt Tubes</li> <li>• Apple Cinnamon and Assorted Berry Nutri-Grain Bars</li> <li>• Cheddar Goldfish Crackers</li> <li>• Bananas</li> <li>• Bear Paw Mini's- Oatmeal Chocolate Chip</li> </ul>				
<b>Additional Information:</b>	<ul style="list-style-type: none"> <li>• All Food Is: <ul style="list-style-type: none"> <li>-&gt; Peanut and Nut Free</li> <li>-&gt;Low in Trans Fats</li> <li>-&gt;Prepared Fresh Daily</li> </ul> </li> <li>• All Lunches and Snacks are Provided by Crestwood Valley Day Camp- PLEASE DO NOT SEND ANY OUTSIDE FOOD</li> </ul>				
<b>Contact Information:</b>	<ul style="list-style-type: none"> <li>•Feel free to call or visit La Recolte Catering to discuss the lunches: 1961 Leslie Street Toronto, Ontario M3B 2M3 416-484-9767</li> </ul>				