

Weekday	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course:	Pasta (plain or with a light tomato sauce)	Chicken Fingers with Rice	Macaroni and Cheese	Fish Sticks with Mash Potatoes	BBq Chicken Hot Dogs
	<ul style="list-style-type: none"> • Alternative Sandwiches are available at every meal on both white and whole wheat bread (turkey, cheese, tuna, jam and butter). 				
Appetizers and Deserts:	<ul style="list-style-type: none"> • Vegetable Sticks • Salad • Fresh Fruit 				
Daily Snacks Include:	<ul style="list-style-type: none"> • Christie Arrowroot Natural Cookies • Yoplait Assorted Yogurt Tubes • Apple Cinnamon and Assorted Berry Nutri-Grain Bars • Cheddar Goldfish Crackers • Bananas • Bear Paw Mini's- Oatmeal Chocolate Chip 				
Additional Information:	<ul style="list-style-type: none"> • All Food Is: <ul style="list-style-type: none"> -> Peanut and Nut Free ->Low in Trans Fats ->Prepared Fresh Daily • All Lunches and Snacks are Provided by Crestwood Valley Day Camp- PLEASE DO NOT SEND ANY OUTSIDE FOOD 				
Contact Information:	<ul style="list-style-type: none"> •Feel free to call or visit La Recolte Catering to discuss the lunches: 1961 Leslie Street Toronto, Ontario M3B 2M3 416-484-9767 				